



Max, the Middle School Cat

By Teresa Doerr

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Society Scoop

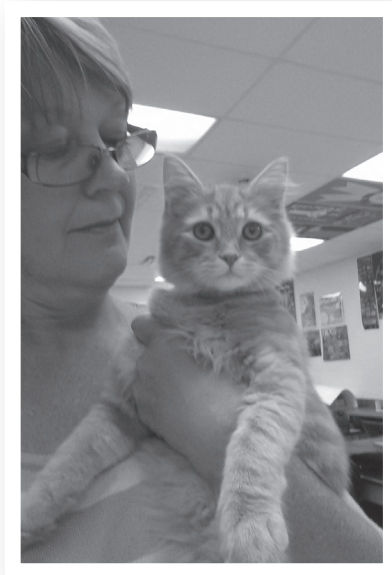
Greetings from Old Kentucky Home Middle School located here in Nelson County. OKHMS student body has several community projects, including support of the Humane Society of Nelson County. We have a long connection with the Humane Society with our students and their parents bringing in needed supplies. Our former student, Morgan Ford volunteered at the shelter from age 12 on, and is now staff, and our own personal “Chucky” Dickerson, a bus driver for the Nelson County Schools, also serves in the capacity of shelter staff with the Humane Society. We contacted Chucky to let him know that we once again wanted to serve the Humane Society, and what better way than to bring in one of the beautiful animals that are waiting for adoption.



Aiden Johnston happily holding Max

Meet “Max,” formerly known as “Cortez.” Max made his acting debut on the morning announcements to promote the school’s support. He is a

Maine Coon mix that has as much personality as any 6 month old kitten could have. He immediately won the hearts of the students at OKH and spent the entire day with us in my class. As a science teacher for OKHMS, I thought it would be a good idea to take Max home for a few days in hope of finding him a loving home, and I did. Max never left. As I am typing this, he keeps



Ms. Doerr with Max

walking across the keyboard! Max rules the roost in the Doerr household, including scooting the two big dogs off of their mats to take his nap. There are so many more pets waiting for a loving family to adopt them. As I tell my children, “a pet is a pet for life.” You must never grow tired of feeding, watering, sheltering, and most importantly, loving them.



Max with his canine buddy

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Tributes

Received between *May 27 & November 7, 2014*

In Memory

Steve Auslander, given by Kent and Linda Akers, Emmanuel and Cathy Ballard, Mike and Dianne Bleemel, Sarah Bradford, Tom and Beth Brelage, Kelly and Beth Corbett, Barbara Garnett, Carolyn Haydon, David and Cathy Herbst, William and Barbara Mattingly, Jeff Schroeder, DMD, Pat and Jim Stamper, Joe Pat and Rose Marie Taylor, Marianne Wheat,

Pat Beach, given by Kathleen and Robert McMullan

Jo Ann Blincoe, given by Sharron Blincoe, Ben and Janie Bullock, William Leslie Keene, Lew and Jane Kimsey, William and Mary Ann Lehmann, Martha Mahoney, James Parker, Susie Thomas, U.S. District Court Staff (Paducah)

Natalie Muir Brown, given by Susan Muir

Melody Ann Burkhead, given by Melvin Burkhead

Mary Eileen Eubanks, given by Marianne Wheat

Mike Fleck, given by Suzi Fleck and Dennis and Gailyn Brock

Bill Gentry, given by Terry L. Geoghegan and Associates, Emily Greenwell, Sylvia Hamilton, Bill and Karen Newcomb and family, and Haydon Spalding

Col. Ed Goepper, given by Winnie Calhoun, Gary and Teresa Clifton, Gerry Bruce England, Theresa Pike Foutch, Doug Hubbard, Kaba Mas, LLC, Susan Muir, Betty and Charles Rogers, and Wilson & Muir Bank

Jeanette "Jenny" Hagan, given by Denise Dale, W & P Nautical and 222 Severn (Annapolis)

Margaret S. Hagan, given by Peggy Hagan, Max Howard, and Brian and Teresa Vanderburg

Willis Hall, given by Jeanne Bidwell

James A. Hutchcraft, given by Amy and Tommy Shuck

Judy Johnson, given by Nancy Neel

Billy and Maxine Keene, given by Les Keene

Dinwiddie Mathis, given by Mary Jo and Edgar Abell, Ron and Connie Brown, James Casper, Joseph and Georgann Culver, DGLF CPAs & Business Advisors-Robert Davidson, Bill Clark and Associates, Jeffery Duncan, EC Group of KY, LLC-Phillip Gordon, Chase McCormick, and Employees, Flynn Bros. Contracting, Gaddie-Shamrock LLC, David and Mary Stuart Haydon, Haydon Bridge Company, David and Robin Hill, Barbara and Henry Hinkle; John, Melissa, John Robert, and Carlee Hite; Irving Materials, Inc., Kaba Mas, LLC, Jeffrey and Dana Knowles, Jerry Lambert, Mago Office Staff, Nally & Gibson Georgetown LLC & Hamilton Hinkle Paving Company, Charles Noe, Plantmix Asphalt Industry of KY, Robert and Denise Poole, Reliable Asphalt Products-Charles Grote, Richard and Cheryl Sipes, Robert and Ann Early Sutherland, Susie Thomas, Bobby and Donna Upchurch, Michael and Mary Beth Vanhimbergen, Arthur Walker, Jr., Kathryn and John Wycoff, and Joe and Ann Wycoff

Jeff Pack, given by Stephanie Leigh Simpson

Mary Phelps, given by Jim, Cricket, and Maggie

Joe Seay, given by Linda and Kent Akers, and Jackie and Myrt Crume

Albert Shewmaker, given by Sandy Noe

Wilma Skaggs, given by Mary Jo and Edgar Abell, Robert and Lisa Filiatreau, Donna Ratliff MacDonell, and Bettie Moore

Willie Smith, given by Donna Alt, Sarah Ballard, Ben Barber, Rose Barnes, Ben and Libby Burr, Clark Distributing Co. Inc., Norman Green, Ron and Renee Hibbs, John Douglas Hubbard, Leroy Mudd, Amanda Osborne, Randy and Nancy Riley, Elizabeth Rogers, and Edward Utley, Jr., Inc.

Nathan Sorrell, given by David Beam

Mary Beatrice Tucker, given by herself, and by Jo Etta Catalona, Linda and Kelsey Linton, and Betty and Charles Stone

Thomas White, given by Phyllis Baugh, Jackie and Kirk Neat, Don and Diana Cochran, Doug Collins, and Randy Collins, Snookie and Jim Paul Newton

"Agnes," beloved dog of the Auslander/Noth Family, given by Janine Auslander, Michael Auslander, and Martha, Adam, and Rachel Mather.

"Annie," given by Fred and Bonnie McMillen, Mary Jo Abell, Jo Gentry, and Trudi Maish

"Bella" Ferguson, given by Penny Spalding

"Boogie and Granny," given by Don Nugent

"Bourbon," given by Gerry Bruce England and Kaba Mas, LLC

"Buddy," given by Sarah Bradford and Jane Hagan

"Dakota Lee," given by Sandy Allen and Penny Spalding

"Dante," given by Tom and Carla Evans

"Diva," given by Lee Evans, Mardi Jones, and Marianne Wheat

"Ginger," given by Judy Hiss

"Jessie" Weidner, given by Judy Hiss

"King," given by Suzanne Edelen

"Mallard," given by Sarah Bradford and Jane Hagan

"Mandy," given by Randal and Patsy Parrott

"Oscar and Cosmo," given by Lori and Gary Boblitt

"Polly," given by Donna and Walter Boekley

"Precious" Nevius, given by Penny Spalding

"Rags," given by Kelly and Beth Corbett

"Sage," given by Sarah Bradford and Jane Hagan

"Sassy Katte" Corbin, given through their "Cold Water Challenge," by Joanie and Kendyl Corbin; Gary, Shirley and Josh Rogers; and Annie Masterson

"Taz" Nevius, given by Penny Spalding

"Tricky" Chesser, given by Penny Spalding

"Zipper," given by Frank Walker

In Honor

All Dogs and Cats in Shelters Everywhere, and in Honor of Ruth and Lellan Barlow's 50th Wedding Anniversary, given by Geoff and Kathy Tatman

Mary Jo and Edgar Abell, given by Lisa Grimes

Louise Hagan, on her 100th birthday, given by Ben and Libby Burr

Volunteers of Nelson County Humane Society, given by David and Roseanne Calisti

"Maxi and Tom," given by Sharon Etheridge

"Quinn," given by Aubrey Gibson

"Rags," given by Kelly and Beth Corbett

"Reece," given by Kathy Jones

"Sally," given by Vi Lloyd

"Shadow, a lucky dog," given by Barb Bell

"Winston," given by Jennifer Bewley

Memorials Directed to The Don Perkins Memorial Fund for Indigent Animals

In Memory of: **Don Perkins**, given by Sam Clements,
"Houston," given by Deborah Perkins
"Hailey, Kelley, Meme, Midnight, Lucy and Kitty Grey,"
 given by Margaret Sauer

Pleasingly Plump?

by Deborah Perkins, DVM

Obesity is a growing problem for people as well as pets and may be the number one health problem for animals. Pets become too fat when they eat more calories than they expend. We all may be guilty of feeding our pets some tidbits from the table. A few healthy scraps (lean meat without skin or bones, raw or cooked vegetables, egg, etc.) are not harmful but more than 25% of their total intake is not recommended. Good quality pet foods are balanced, but table scraps are unlikely to meet their nutritional requirements, plus we risk causing stomach upset and pancreatitis. Pets fed table foods develop a propensity for our food and reject their own to the detriment of their health.

A good rule of thumb is about ¼ cup of food per 10lbs body weight twice daily. Metabolic rates differ in growing, active puppies and kittens compared to older sedentary pets and indoor versus outdoor environment. Growing animals may need twice as much food as an adult the same size. There may be breed differences as well so intake needs to be individualized.

Obese pets have the same problems obese people do including a higher risk of cancer and diabetes, heart disease, worsening orthopedic conditions, high blood pressure and major organ disease. Obese pets have difficulty grooming themselves and develop skin problems. They can have airway constriction and difficulty dissipating heat from their bodies. Physically fit animals may live up to 2 years longer than obese pets.

You may think your pet is not that fat when your veterinarian recommends that he lose 3 lbs but in an 18lb animal, that is 20% overweight. That is like a 150lb human weighing 180lbs. You can get an idea of your dog's body condition by feeling his ribs and looking down to visually assess his waist or lack of. When a dog is at his ideal weight one can feel the ribs along the side of the chest easily since there is no excessive fat covering them and when looking down from above at the dog's back one can observe a slight hourglass shaped waist after the ribs. When dogs are obese the waist disappears and is either flat or rounded out. Cats may develop a pendulous abdomen.



Animals become too fat for different reasons. We may continue to feed aging animals the same amount they've always eaten when they need half the intake they used to. Neutering does predispose animals to becoming overweight. Changes in sex hormones after neutering directly affect the satiety center in the brain. Studies have shown animals eat more but expend fewer calories after neutering and a recommendation is to feed 25-30% less after an animal is neutered. Medications such as anticonvulsants and corticosteroids also increase body fat. Animals that are confined or are "couch potatoes" like their human counterparts are also at risk for obesity.

If your pet is overweight, cut his food intake by 25-50%. This includes all treats and table foods. Ideally table foods should be eliminated. Treats should be no more than 3-4% of the total daily intake. For animals that beg a lot on the dietary restriction, try giving canned green beans or carrots to help them feel satiated. If the pet is not losing at least 1/2 pound per week, you should consider a prescription reducing diet. Pets with other symptoms such as hair loss, darkening of the skin, lethargy, increased thirst and increased urination should have a lab profile done to rule out diabetes and hypothyroidism (low thyroid function).

Exercise should always be part of weight control. Pets not used to exercise should be started gradually. A small dog should only walk ¼ mile to begin and a larger dog, ½ mile. Include playtime like throwing a ball or Frisbee.

Always have your pet evaluated by your veterinarian to help determine if your pet is overweight, determine underlying causes, discuss recommendations and assist you with achieving your goals for a healthy pet.



Special Thanks

The Humane Society is sincerely grateful to the following businesses, organizations, and individuals who have donated in various ways between May 15, 2014 and November 7, 2014.

- Bardstown Mills
- Bluegrass Seed and Fertilizer
- Boone's Abattoir
- Brown and Company, CPAs
- Cash Express
- Chemco Federal Credit Union
- Corvin's Furniture
- Gabby's Consignments
- JT's Consignments
- Kroger Company
- Resp-a-Care
- Tractor Supply
- Trim Masters Charitable Foundation, Inc.
- Wal-Mart

And last, but not least, all our many, many donors and volunteers who contribute year after year. We couldn't survive without you. Every gift, no matter how small is appreciated. If we have omitted anyone, we apologize—it doesn't mean we aren't grateful!



Carson Mattingly, a 3rd grader at Bloomfield Elementary School, delivered supplies and cash that he and his classmates collected for the Humane Society last June.

Fall Yard Sale

The last Saturday of October was our Fall Yard Sale and proved to be one of the best we have had. There are lots of people who deserve thank-yous. Helpers new to the yard sale team this year are Mindi and Regina Edwards from Larue County, Mel Johnson, Kenny Payne, Scott Bush, and Trent Swomley. Kyle Brock arrived with his daughters, Hannah and Kaylee, who donned dog costumes and waved customers into the sale from the sidewalk out front. Many have helped before and made the commitment again this year. They are Judy Cooke, Jane Hagan, Sarah Bradford, Julie Duncan, Mary Jo and Jim Abell, Trudi Maish, David Sallee, Dennis Brock, Carol Keeling, and Guy Fulkerson.

Special thanks to Laura and Josh Higgason for donating valuable collectibles, and to Barbara Matherly for a trailer-full of medical equipment and other items. We are very grateful to Bardstown Baptist Church for allowing us to have our sale in their beautiful fellowship hall, and we always appreciate Howie's helpfulness. Thanks, also, to all of the individuals who donated items for the sale, and lastly a huge thank-you to the many people who attended the sale and purchased items.

Editor's Note - our sincere thanks to Gailyn Brock who spent weeks working to make this yard sale such a success.



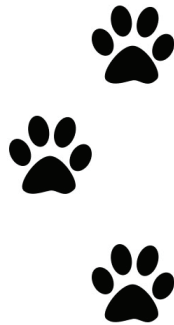
Kaylee Brock (left) and Hannah Hardison wave customers into the sale from the sidewalk on Third Street.

Dippin' Dogs 2014

We were once again grateful to be a part of this yearly event, held on August 16th at the Bardstown City Pool. This fundraiser donates all proceeds to Barktown Rescue, Bourbon City Bark Park, and the Humane Society of Nelson County.

Open House Celebration

On July 12th, the Humane Society hosted an open house to celebrate 20 years of service to the pets and people of our community. Pictured below, Dr. Deborah Perkins unveiled a sign for our spay/neuter clinic, honoring Judy Cooke, our clinic and shelter director.



Pat's Place
 Family Friendly, Family Owned
 M-T-W 8am-3pm Th- Fri-
 Sat-8am-8pm

502-348-0010
 Best Burger in Town
 125 North 3rd.St.
 Bardstown, Ky, 40004

Patricia Adams
 Owner

**Trader's Mall
 Christmas Shopping**

Come out to Corvin's Furniture on the Bypass to visit our booth, #37, for bargains on decorations and presents for pets and people. Humane Society long-sleeve t-shirts will soon be available for \$15, and sweatshirts for \$20. Shirts will also be sold at the shelter.

Brock Photography
 Experienced -- Top quality equipment
 Sheila Brock
 Unique portraits with special touches

Wedding Belles

*Creating the wedding of your dreams on a budget.

*With crafty vision we will help create wedding memories for you and your loved ones.

Complete Photography Services

Gailyn : (502) 641-1958 ; Sheila: (502)210-0455
 email: WeddingBelles99@aol.com
 "Like" us at www.Facebook.com/WeddingBelles

Wish List

- MONETARY GIFTS, always preferred because we have such limited storage and because it can be used for veterinary supplies and other specialized items
- Pet food (Purina, Pedigree, Iams or Science dry food)
- Cat litter, clay or clumping
- Towels, washrags, blankets, sheets, pillow cases
- Liquid laundry detergent (must be HE type) and bleach
- Paper towels, cotton balls, Q-tips
- 13 gallon kitchen garbage bags
- Furnace filters (20 x 20 x 1 and 20 x 16 x 1)
- Printer ink (Canon 240/241)
- Scotch tape refills, white out liquid
- Postage stamps and post-it notes
- Gift cards to Wal-Mart, Tractor Supply, Kroger, or Target for needed supplies
- Gift cards for gasoline to drive pets transferred to distant breed rescue or other placement organization



Do you use Amazon?
 Try AmazonSmile! You can shop as always, and at the same time get a donation for the Humane Society of Nelson County. Simply go to <http://smile.amazon.com> to order, and Amazon will donate 0.5% of the purchase price of eligible products to us.



Shop at Kroger with a Kroger Plus Card?
 Help The Humane Society of Nelson County by registering at www.kroger.com/communityrewards. Once registered, enter our non-profit organization number, 88273, to start earning cash for the Humane Society. Please encourage friends and families to register, too.



Ways to Give

Come visit us or send a gift by mail to:

Humane Society of Nelson County
2391 New Haven Road
Bardstown, KY 40004



(Please use the donation envelope printed in this newsletter)

- Make a gift in honor or memory of a loved one. An acknowledgement card will be promptly sent to the family or to the person being honored.
- Make a secure gift on-line at www.ncanimalservices.org. Click on "Donations" in the left sidebar to use PayPal. All major credit cards are accepted.
- Set up an automatic electronic withdrawal from your checking account. Use the authorization form below.
- Make the Humane Society a beneficiary of your will or life insurance policy.
- Consider a charitable gift annuity.
- Bring out supplies for our animals (see wish list in this newsletter).
- Consignment donations:
 - Gabby's, 200 East John Rowan Blvd., Bardstown, 331-9002 • Clothing
 - J.T.'s Consignments, 222 N. 3rd Street, Bardstown, 349-6837 • Clothing
 - Traders Mall, Booth 37 (near Wal-Mart on Hwy 245, in Corvin's Flooring Building), 3465 John Rowan Blvd., 348-7474 • Home decor, books, furniture, and clothing for babies, DVDs, toys, etc., in good condition.

If you have questions about what to donate, call 349-2082

AUTHORIZATION AGREEMENT FOR PRE-AUTHORIZED PAYMENTS

Organization Name: Humane Society of Nelson County Tax ID No. 61-1266246

I (we) authorize the Humane Society of Nelson County (HSNC) to initiate credit and/or debit entries into my (our) **Checking** **Savings** account (select one) indicated below, and the depository named below, hereinafter called BANK, to debit and/or credit the same such amount, and if necessary, to initiate an adjustment entry for an entry in error.

BANK NAME _____	BRANCH _____
CITY _____	STATE _____ ZIP _____
TRANSIT/ABA No. _____	ACCOUNT No. _____

This authority is to remain in full force and effect until HSNC and BANK have received written notification from me (or either one of us) of its termination in such time and in such manner as to afford HSNC and BANK a reasonable opportunity to act upon it.

NAME(s) _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

DATE _____ **AMOUNT TO DEBIT EACH MONTH** \$ _____

SIGNATURE _____

IMPORTANT! You must attach a voided check to this form. Mail to:
Humane Society of Nelson County, 2391 New Haven Road, Bardstown, KY 40004

I can no longer keep my pet... what can I do?

The ASPCA considers pets to be members of the family. With many millions of companion animals surrendered each year, and countless stray animals roaming our streets, giving up a companion animal is not a decision to be taken lightly. However, there are circumstances that arise that may prohibit you from caring for your pet. These may include:

- behavior problems (although a vet visit may be useful to determine if there is an underlying health issue affecting the behavior)
- re-location (some landlords do not allow pets)
- incompatibility with other animals in the household
- allergies
- death of a care-taker
- a pet's acute or chronic illness requiring unaffordable veterinary care

Without a doubt, the easiest and best solution to your problem would be to have a trusted friend or family member offer to take your pet and love and care for it just the way you would. If you're lucky enough to have such a person come forward, make sure he or she understands the commitment of time and resources involved. Shelters receive many pets from well-meaning people who wanted to help the pet's owner but did not realize the effort and expense involved.

If you've tried and failed to find a friend or relative to take your pet, please consider the following "do's" and "don'ts."

Do screen people interested in your pet very carefully. Ask questions to determine whether the person and living situation is a good match for your pet. For example, does the person have other pets and if so, what kind? Is there a veterinarian who could give a reference? Will the pet be kept inside or out? Are there small children in the home? How many hours will the pet spend alone each day? Ask permission to visit the new home before leaving the pet, and do a few follow-up calls or visits.

Don't give your pet to a complete stranger. Pets that end up in the wrong hands may be abused, sold, or even used as "bait" for illegal activities like dog fighting.

Don't leave your pet in a house or apartment when you move out, thinking someone will eventually find and care for it. That rarely happens. It is not unusual for landlords or others to find starving pets roaming loose on property or even locked inside.

Don't drop your pet off in the woods or countryside believing that it can take care of itself, and don't assume someone in the neighborhood will care for it. Pets lack the skills to survive on their own and may die a slow and agonizing death from starvation, illness, or injury from predators or vehicles. Abandonment is a cruel fate, and you are NOT "giving it a chance." Just imagine being left without food, water, or shelter. Abandonment is against the law.

Do make sure that your pet is spayed or neutered before placement in a new home. This may make the animal more adoptable, improve temperament, and prevent certain behavioral issues, and it guarantees that your pet will not be used for breeding or have accidental, unwanted litters. If the cost of surgery is an issue, the Humane Society may be able to help through its low cost clinic.

Do bring your pet to the Humane Society of Nelson County only when you have exhausted all other possibilities. Please call beforehand and discuss your pet and reason for surrender with us. Sometimes we can recommend a breed rescue or other placement which will help you get your pet into a new home quickly, without the stress of being in an animal shelter. If you must bring your pet in, do so during business hours when we can get as much information as possible about the pet's personality and health, so that we can make the best placement possible.

Don't utilize the after hours "drop-off" pens which are meant for good Samaritans who have found a stray and cannot keep the animal overnight. Doing so decreases your pet's chances at finding a new home because we would not know information likely to make him or her more adoptable, like being already spayed/neutered, being housetrained, or good with kids and other pets, etc.

Although giving up a pet can be very painful, as a responsible owner, you should have the pet's best interest at heart. Don't just "get rid of it," but make every effort to find the best home you can for this living, feeling creature. Our Humane Society will make that effort by screening potential adopters carefully. Because of the large number of animals taken into our shelter, we cannot save every one brought to us, especially the very old, sick, or aggressive ones, but we do try, and we treat all humanely while under our care.



THE HUMANE SOCIETY OF NELSON COUNTY

2391 New Haven Road
Bardstown, KY 40004
502-349-2082

www.ncanimalservices.org
humane-societync@att.net

Our mission is to prevent cruelty to animals, relieve suffering among animals, and extend humane education.

Animal Shelter Hours:

Open to the Public:
Monday – Friday
10am-4pm
Saturday 10am-2pm

Board of Directors:

Trudi Maish, President
Dennis Brock, Vice President
Judy Cooke, Shelter Director
Carol Keeling, Secretary
Jason Cheek, Treasurer
Mary Jo Abell
Sarah Bradford
Jane Hagan
Becky Hayden
Mardi Jones
Deborah Perkins, D.V.M.

Newsletter Design:

Peggy Waters

Upcoming 2015 Meeting Dates

February 6
May 7
August 6
November 5

**THE HUMANE SOCIETY
OF NELSON COUNTY**

2391 New Haven Road
Bardstown, KY 40004

Return Service Requested

Non-profit org.
U.S. POSTAGE
PAID
BARDSTOWN, KY
Permit No. 14

Photos with Santa

Bring your children, your pets, or both to the shelter for photos with Santa!

Saturday, December 20th
11 a.m. to 2 p.m.

Photos are \$5 each and will be printed while you wait.



To celebrate this yearly program, adoption fees will be reduced by 50% on any animal 6 months or older, and on any animal that's been waiting for adoption over a month, regardless of age.

This special ends on January 1, 2015



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